

# HOLY SAVIOR MENARD

## CROSS COUNTRY 2009

September 3, 2009

<u>DAY</u>	<u>DATE</u>	<u>EVENT</u>	<u>LOCATION</u>	<u>FIRST RACE</u>
* THURSDAY	August 13	One Mile TT	Menard Track	3:30 PM
* WEDNESDAY	August 19	Two Mile TT	Fort Buhlow Recreation Area	3:30 PM
* SATURDAY	August 22	<b>ALEXANDRIA ZOO 5K</b>	Alexandria Zoo	8:00 AM
* TUESDAY	August 25	SWIM & EAT #1!	Wilson's	(After Practice)
* WEDNESDAY	August 26	Two Mile TT	Fort Buhlow Recreation Area	3:30 PM
* THURSDAY	August 27	POT LUCK SUPPER	Menard Cafeteria	6:00 PM
* TUESDAY	September 1	SWIM & EAT #2!	Seeser's	(After Practice)
* WEDNESDAY	September 9	SWIM & EAT #3!	Peaslee's	(After Practice)
* SATURDAY	September 12	<b>ST MICHAEL</b>	Highland Park, Baton Rouge	8:45 AM
* TUESDAY	September 15	SWIM & EAT #4!	Pearson's	(After Practice)
* SATURDAY	September 19	<b>EPISCOPAL</b>	Highland Park, Baton Rouge	8:30 AM
* WEDNESDAY	September 23	<b>CENLA CHAMPS</b>	Fort Buhlow Recreation Area	3:00 PM
* SATURDAY	September 26	<b>LSU TIGER</b>	Highland Park, Baton Rouge	8:00 AM
* SATURDAY	October 3	<b>CEDAR CREEK</b>	Ruston	8:30 AM
* WEDNESDAY	October 7	<b>JOHNNY MILLER</b>	Fort Buhlow Recreation Area	
* SATURDAY	October 10	<b>CATHOLIC</b>	Highland Park, Baton Rouge	9:00 AM
* SATURDAY	October 17	<b>MENARD</b>	Fort Buhlow Recreation Area	9:00 AM
* MONDAY	October 19	Box Lunch Fund Raiser	Menard Cafeteria	
WEDNESDAY	October 21	<b>ASH</b>	Fort Buhlow Recreation Area	
SATURDAY	October 24	ST THOMAS MORE	Acadiana Park	8:15 AM
SATURDAY	October 31	<b>TOM NOLAN</b>	Acadiana Park	
TUESDAY	November 3	<b>PARISH CHAMPIONSHIPS</b>	Fort Buhlow Recreation Area	2:30 PM
* MONDAY	November 9	SPAGHETTI SUPPER	Lee J's	6:00 PM
TUESDAY	November 10	<b>DISTRICT</b>	Fort Buhlow Recreation Area	3:00 PM

**YEARBOOK PICTURES WILL BE TAKEN BEFORE WE LEAVE FOR THE DISTRICT MEET. WE WILL BE IN JEANS AND TEAM T-SHIRTS. (OUT OF UNIFORM DAY FOR CROSS COUNTRY.)**

* TUESDAY	November 17	<b>STATE CHAMPS</b>	NSU	G – 1:45 PM    B – 3:15 PM
* TUESDAY	November 17	Post Race Meal	Nicky's	
* THURSDAY	November 19	23 <sup>rd</sup> Annual CC Banquet	Menard Cafeteria	6:00 PM

\* Date confirmed